

## Trip Dossier for USA – New England & Cape Cod

Trip Code: FUNE Issue date: 22 Nov 2007 Valid from: 01 January 2008

New England is well known around the world as a beautiful and distinctly American region rich in history, culture and natural beauty. It is composed of six states, each with its own character. Massachusetts, which you visit, extends from the magnificent sand bluff and beaches of Cape Cod and the islands of Martha's Vineyard and Nantucket through the metropolis of Boston – the birthplace of the American Revolution – to the blue-green Berkshire mountains. Whale watching is a major highlight of this trip.

### Day 1 Depart London

You depart London Heathrow Airport for Boston arriving in the afternoon. This is a city rich in history and tradition, yet vibrant and modern. It is a city of historical neighbourhoods, exciting waterfronts, world famous universities and the Boston Red Sox baseball team. You are met and transferred to your downtown hotel to check in. This evening you'll have dinner with the group (not included) and an introductory briefing. **Hotel**

### Day 2 Boston discovery tour

After breakfast, you set out on foot on a full day tour to discover Boston and the Freedom Trail. There is no other place in the United States where you can take in the rich history of America's Revolution and the events that led up to the historic break from Britain. The Freedom Trail is a 2½-mile red-brick walking trail that leads you to 16 nationally significant historic sites, each one an authentic American treasure. Preserved and dedicated by the citizens of Boston in 1958 when the wrecking ball threatened it, today The Freedom Trail is a unique collection of museums, churches, meeting houses, burying grounds, parks, a ship and historic markers that tell the story of the American Revolution and beyond. **Hotel**

### Day 3 Ferry to Provincetown and Cape Cod

This morning you take the ferry from Boston to Provincetown, right on the northern tip of Cape Cod. This is one of the liveliest spots on the Cape, known for its clapboard houses, art galleries and restaurants and the remote beauty of the beaches and sand dunes just a short distance away. Fishermen, artists and writers make their home here year round but in summer the pulse quickens and the town swells. The defining moment in Provincetown's history occurred in 1620 when the Pilgrims landed here and stayed for about a month before settling in nearby Plymouth. There is time to explore the town and catch a glimpse of the somewhat colourful gay community here while your bus and guide take an alternative route from Boston. You then drive to Cape Cod National Seashore to explore its vast sand dunes, endless beaches, salt marshes, dune shacks and racing tides. The park rangers offer some fascinating interpretive programmes. After setting up camp for the next two nights, dig into your barbeque dinner. **Camp (dinner)**

### Day 4 Beach and whale watching

Enjoy a full camp breakfast of eggs, American bacon, beans and sausage! Then head for the shore for the morning. Your guide will organize beach games or you can simply relax. After a picnic lunch, you board a RIB and head out to look for whales. Seeing these majestic giants rise from the deep and nuzzle alongside a whale-watch boat is, for many, the most memorable event of their holiday. Humpback, finback and Right whales cross this rich feeding ground, breaching and diving as they go about their daily routines. Some species, like the Right whale, are dangerously close to extinction and may not be around in the next 100 years. You then head back to camp and prepare a beach barbeque. **Camp (breakfast, lunch and dinner)**

### Day 5 Ferry to Martha's Vineyard

This morning you head down to the lower Cape and board a ferry to Martha's Vineyard. A jewel off the coast of Cape Cod, the island is blessed with lovely beaches, an elegant town and plenty of excellent dining and shopping. It is famous for its streets of brightly painted Victorian gingerbread cottages in the town of Oak Bluffs, where you also see the Flying Horses carousel, considered the oldest working carousel in the United States. Other towns on the island are Vineyard Haven, a picturesque, turn-of-the century community and Edgartown, formerly a wealthy whaling port heavily salted with the old stately homes of ships' captains and now a centre for yachting. The most dramatic display of natural beauty is probably the famous colour-streaked Aquinnah Cliffs above Aquinnah beach. On arrival in Martha's Vineyard you set up camp and have a picnic before taking a tour of the island. Walk along the busy village streets where artists display their work, visit lighthouses, Chicama Vineyards and Aquinnah cliffs. This evening there is a fish barbeque (burgers if you don't like fish!). **Camp (breakfast, lunch and dinner)**



### Day 6 Martha's Vineyard

Today you are free to enjoy the many optional activities on the island and your guide has plenty of suggestions. You can bike around the island visiting the lighthouses or take a sea kayak trip along the Aquinnah Cliffs, board a tall ship for a tour around the island or go on a deep-sea fishing trip and bring back something for dinner. Alternatively you can go horse riding along the ocean front, and then take a nature walk with your guide. **Camp (breakfast, lunch and dinner)**

### Day 7 Sandwich

You'll take the ferry back to Cape Cod and drive to the Upper Cape town of Sandwich on the north shore. Sandwich's beaches along Cape Cod Bay stretch for miles and provide a wonderful view of the many vessels that pass through on their way to or from the Boston area. The Sandwich town boardwalk is also very popular. The walkway was destroyed by Hurricane Bob in 1991, but was rebuilt via private donations. First thing on arrival is to set up camp and prepare a picnic lunch to take with you on a bicycle ride around the Sandwich ocean front. You'll have plenty of time for photos and souvenirs along the way, and don't forget to stop for an ice cream. **Camp (breakfast, lunch and dinner)**

### Day 8 Boston

This morning you'll head back to Boston and the afternoon is free to shop, see the sights or relax in the hotel. You have time to visit the famous Filene's Basement department store, no visit to Boston is complete without a stop here! Last group dinner (not included). **Hotel**

### Day 9 Transfer to Boston Logan Airport for return flight to London

Today is at leisure to enjoy the charm of Boston before catching your evening flight back to London.

### Day 10 Arrive UK

You arrive at London Heathrow in the early morning.

*This itinerary includes our group flights from London. If you are making other flight arrangements, please refer to your Confirmation Invoice and Joining Instructions for details of the start of the trip. Please remember that international flights and trip dates can change, so make sure you always purchase flexible tickets. Each itinerary is planned many months in advance, and consequently there are factors over which we have no control which could make changes necessary. We will always endeavour to keep you informed of any such changes in advance.*

### Optional Extras

These extras in Martha's Vineyard, if available, can be arranged by your guide (per person cost shown below).

Bicycle Ride  
Sea Kayak Trip  
Tall ship boat ride  
Deep sea fishing  
Horseback riding

*Please note these prices are a guideline only and may be subject to change.*

### Is this right for your family?

A fairly relaxed trip with a mix of hotels and camping. All camp equipment (3-person tents for two people, inflatable mattresses and cooking/eating utensils) is provided but please bring a sleeping bag (3-season). Travel is by 15-seat mini-van with roof-rack, CD and cool-box.

### Climate

In summer it is warm and often humid during the day; by September it will be cooler during the day and fresh at night.

The average monthly temperatures in Boston are as follows:

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
<b>Max °C</b>	-9	-6	1	11	18	24	27	26	22	17	9	4
<b>Min °C</b>	-7	-6	-2	3	9	14	17	17	13	8	2	-4
<b>Rainfall (mm)</b>	91	84	97	89	79	81	84	91	81	84	91	86



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### **Accommodation and Food**

Hotels (3 nights), camping (5 nights), and meals according to the itinerary.

### **Currency**

The unit of currency is the US Dollar (\$). At the time of writing (Nov 2007) the exchange rate is UK £1= US\$2.08. US dollar Travellers' Cheques and credit cards are readily accepted in banks and some souvenir shops. We recommend that you change money at the airport and at ATMs along the way.

### **Tipping**

This is a recognised part of life and, although at your discretion, you will be expected to reward service. Please remember that tipping should be a way for individuals to thank staff for good service. As a guideline each traveller should allow £3-4 per day to cover tips for local staff. Tipping in restaurants is generally around 15% of the total bill.

### **Language**

The official language in America is English.

### **Time**

The time difference in New England is GMT minus 5 hours

### **Packing List**

Please refer to our separate "packing list"



## Clothing & Equipment List for USA – New England & Cape Cod

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The following list of clothing and equipment is intended to be fairly comprehensive and experienced travellers may well take a good deal less luggage than we recommend.

CLOTHING	NUMBER	Check	EQUIPMENT	Check
Walking Boots or shoes for city walks	1 pair (optional)		Soft-sided bag 50 – 80litres	
Trainers or Strong Sandals	1 pair – all purpose wear		Lightweight Daypack- 25 litres	
Socks	2 thick and 2 thin		A variety of large plastic bags	
Waterproof Jacket	1 lightweight for summer, medium for Sept/Oct		Sunglasses	
Underwear	4+		First Aid Kit	
T-Shirts	3 +		Large Water Bottle	
Long Walking Trousers or Skirt	1 +		Water Purifying Tablets	
Short Trousers	2		Neutralising Tablets	
Long Sleeve Shirt (with tight-fitting cuffs (insects)	1+		Sleeping bag	
Thin Fleece or Sweatshirt	1 for evenings		Camera, Film and Accessories	
Warm fleece for Sept/Oct				
Sunhat / Baseball cap	1		Towel or Sarong	
Swim Wear	2		Washing Kit – “dry” hand-wash & wet wipes	
Bicycle helmet			Reading Material	
Torch and batteries			Loo Kit (in small bag) toilet paper/tissues	

Passport/ Visa (if required)			Small Sewing Kit & Safety Pins	
Air Tickets			Universal travelling adapter	
Money/Travellers Cheques			Penknife (not in hand luggage)	
Cash Cards/Visa			Small Calculator	
Insurance Documents			Sweets and Trail Snacks	
Trip Information And Itinerary			Cold Water Detergent	
Money Security Belt/Pouch			Biodegradable Soap	
Spectacles/Contact Lenses			Spare Boot Laces/Wax	
Sunscreen – Lots of it			Earplugs	
Moisturising Cream & Lip salve – not in hand luggage			Notebook/Diary/Pen	
Insect Repellent with high DEET content			Guide Book & map	
Tooth Paste/Floss			Toilet Paper / Tissues	
Small Cotton Pillow Case – pop in towel for pillow			Small toys and books for your children	
Scissor/Mirror/Nail Clippers – not in hand luggage				

For details regarding **hand luggage** restrictions please visit [www.baa.com](http://www.baa.com) for details or click [here](#)

