

## Trip Dossier for Tanzania – Hakuna Matata!

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This trip takes you right off the beaten track see the real Africa. Take a small aircraft to Saadani and enjoy some bush and beach time, travel on an African train and venture deep into rural Africa to visit a small remote village. Learn how you can make a difference and help the children in Kododo village. Enjoy a variety of game viewing in Selous Game Reserve, then fly to Zanzibar and stay in Stone Town, with the option to extend your stay on the coast.

### Day 1 Fly to Dar es Salaam

Depart from London on an overnight flight to Dar es Salaam via Nairobi with Kenya Airways.

### Day 2 Arrive Dar and fly to Saadani National Park

You'll arrive at the airport in Dar in the early morning and transfer directly to the domestic terminal to connect with your flight to Mkwaja airstrip close to Saadani. It's just a short hop of 35 minutes and soon you'll be touching down in Tanzania's newest park with its unique location on the Indian Ocean, providing the opportunity for game viewing and birdlife at the same time as enjoying fabulous white-sand beaches – perhaps you'll be lucky and see an elephant cavorting in the waves! The children will love all the activities on offer from learning bush skills such as how to track wildlife or make a fire with a park ranger, to a treasure hunt among old ruins from the slaving days. For the rest of the day you can settle into your lodge, perched right beside the ocean, fling yourself into a hammock on your private balcony, wander along the beach and relax in preparation for the forthcoming safaris. **2 nights - Banda/lodge (breakfast, lunch and dinner)**

### Day 3 Game Viewing in Saadani National Park

Game drives in Saadani are an adventure and free from hordes of other game vehicles sharing your view. You'll drive through high grasses and rolling hills hiding lions and elephants to the acacia plains, home to giraffe, zebra, kudu, wildebeest and antelope. The highlight of Saadani is a boat safari on the Wami River, with a profusion of coastal and riverine birdlife, and black and white Columbus monkeys frolicking in the trees beside the river; as you meander along you'll soon see large crocodiles and hippo keeping watch from the sand banks. From your lodge in the camp you can climb up the viewing tower, go in a canoe up the nearby river or take a walking safari (age limit applies) following the dry sand river beds, and it is quite extraordinary to find yourself on a white sand beach after tracking game.

### Day 4 To Selous Game Reserve (4-5 hrs drive; 4hrs 45 train ride)

This morning you'll leave the coast and be driven along tracks through the grasslands of Saadani, passing tiny villages along the way until you reach the tarmac road. Return to Dar es Salaam to catch the afternoon TaZaRa train for your trip to Selous. Sitting in first class carriage with your guide, the train takes about four and a half hours and goes sufficiently slowly for you to enjoy the passing rural landscape. You'll arrive at Kisaki station and be driven the half hour to your lodge, arriving in time for a late dinner. You'll stay in stone cabins with amazing views over the forests towards the mountains and during your stay you can cool off in the natural spring water swimming pool. In the evening, climb up into the tree-house over the watering hole and maybe see elephant, buffalo and zebra as they come to drink. **3 nights Lodge with pool (breakfast, lunch and dinner)**

**NB** The chances are it will be dark when you arrive at **Kisaki train station**. There is no platform and very little evidence that you are in a station at all, your tour guide will keep you informed to make sure you get off at the right place! The station about 30 minutes beforehand is Matambwe, so keep an eye open from then on. The train will stop for about 10 to 15 minutes so you have plenty of time to get off.

### Day 5 Selous Game Reserve

The Selous Game Reserve is the largest in Africa, larger than the whole of Switzerland and as such you will be unlikely to see other visitors. It was named after a British explorer, hunter and conservationist who used to lead hunting parties and wrote successful books about his travels and exploits in Africa. Open grassland and woodland form the landscape north of the Rufiji River which bisects the park. It is home to one-third of all wild dogs in the world, as well as elephant, lion, leopard, buffalo, and plains' herds. You will set off on a full day game drive, which includes a boat trip on Lake Tagalala, look out for the hippo, crocodile and the colourful birdlife. You'll stop for lunch at one of the dry sand riverbeds and maybe be lucky enough to see elephants dig for water just a few feet away. There may be an opportunity to visit a Maasai village and see some more of rural Tanzanian life.



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## Day 6 Selous Game Reserve

Today is at leisure for you to choose whether to take an optional game drive today and see more of the wildlife or simply relax in the stunning landscape and swim in the pool.

## Day 7 Mbuyuni Farm Retreat, Morogoro (5hrs drive)

Today you'll have a spectacular drive through the mountains and villages of the Uluguru. This is African travel at its finest, with few vehicles and varied landscapes along the typical red dirt roads of Africa – wave at the locals walking between villages with bundles on their heads and babies on their backs as they trade at the roadside stalls. Turning off the main road just before the market town of Morogoro, you'll arrive at your next nightstop on a typical Tanzanian plantation. Here your hosts, who farm sisal and chilli, have built some delightful bungalows, complete with ceiling fans, four-poster beds and en suite facilities. There is also a small freshwater swimming pool for the kids to wash off the dust of the day's travel. Permission is required from the guesthouse owners to use the pool. During your stay there will be time to explore the farm and find out about the local crops and farming methods. **2 nights Guesthouse with swimming pool (breakfast, packed lunch and dinner)**

## Day 8 Kododo Village (3-4hrs drive)

After breakfast, you'll head well off the beaten track, initially via the market village of Mgeta and then on an ever-dwindling track into some of the most remote parts of the Uluguru Mountains. Few travellers venture into these hills, yet the mountains are extremely beautiful and the villages totally unspoiled. Finally you'll reach the tiny village of Kododo in the heart of the mountains. This is a simple village, totally untainted by the 21<sup>st</sup> century, so please be respectful. Our main reason for including this village in our itinerary is to help the local school and a visit should be possible during your stay here. There are closer schools to visit but because of the remote location of Kododo village, visitors and outside help and assistance are few and far between. For this reason Families Worldwide and Tent with a View have decided to put Kododo at the forefront of our current projects. With over 670 pupils and only four teachers, lessons are on a rota system, younger children attend school in the morning and the older children attend school in the afternoon. Over the past two years Families Worldwide groups and assistance from Amery Hill School, Alton have provided money for exercise books, footballs, netballs, pump, school uniforms and money towards building school desks, and following a visit by Simon Smith the Head of Music at Amery Hill School, Alton donated 160 recorders. Alongside the donations received from Families Worldwide groups - Tent With A View have been involved in small projects of their own in the village like the doctor's house and dispensary in the village.

In preparation for your visit to Kododo School and village we recommend you prepare for the long and difficult journey. The children and elders are not used to visitors and are shy so may regard you with a little fear and suspicion, but your guide will help bridge the gap and introduce you to the village elders and teachers. Most families have prepared gifts, ranging from boxes of pencils, pens, textbooks, footballs, old clothes, toys etc to give to the children. Of course, they do not expect something for everyone, but any donations monetary or otherwise would be gratefully received. Any donations such as pens, pencils, books or money should be given to the Headmaster and not to the children so that it is distributed in a responsible way. You'll meet the children and the villagers, learn about subsistence farming and their way of life, find out about reforestation and possibly help to plant a tree. At the end of the day, you will return down the mountain track to the farm at Mbuyuni for another night's stay.

**Families Worldwide** is currently supporting a project to help Kododo school which is in need of school uniforms, books, pens, pencils, paper, musical instruments and footballs(!) as well as refurbishment of classrooms, teachers' housing etc.

If you would like to make a donation, please contact us at [info@familiesworldwide.co.uk](mailto:info@familiesworldwide.co.uk).

## Day 9 Drive to Dar and fly to Zanzibar

The morning you'll be driven back to Dar es Salaam, which takes about 2½ hours, and then you will take a light aircraft flight to Zanzibar, where you will be met and driven to your hotel. There is also an option of taking the ferry from Dar to Zanzibar. The archipelago of Zanzibar is a collection of two main islands and several smaller islands. Unguja Island is the most popular and many think this island alone is Zanzibar. It has earned the nickname of "The Spice Island" because of the long history of growing and trading in spices that dates back for centuries. This afternoon relax by the pool or wander in the town. **2 nights - Hotel with swimming pool (breakfast)**

## Day 10 Stone Town, Zanzibar

Today you are at leisure to relax, shop for souvenirs or explore Stone Town, which is so named because of the many buildings built from coral stone. The town is rich with history and culture. Once a major Arab trading port with records of settlement as early as the 11<sup>th</sup> century, Moslem traditions are intertwined with the Swahili culture. Zanzibar was also an important port in the slave trade from the 17<sup>th</sup> century until 1897, and visitors can see a

memorial near the Anglican Cathedral that was built on the site of the slave market and explore the area where the slaves were kept prior to the auctions. Further up the coast from the city are the Mangapwani Slave Caves where slaves were hidden. Other popular places to visit in the city are the Arab Old Fort, the House of Wonders, the museum and the city market. The Anglican Cathedral should not be missed. The wonderful stained glass windows are complimented by a series of copper plates depicting the story of Christ. However, the Moslem culture dominates the city and throughout the day the call to prayer can be heard from the towns many minarets.

#### Day 11 Depart Zanzibar for flight to London via Nairobi

This morning is at leisure and in the late afternoon you'll be taken to Zanzibar Airport for the flight to Nairobi, connecting with your overnight return flight to London.

#### Day 12 Arrive London

You'll arrive London early in the morning.

### Post-Tour Extension to Zanzibar

#### Day 11 – 13 Beach Hotel

This morning you will be taken to your beach hotel. You'll find some of Zanzibar's finest beaches here and it is also a traditional boat building centre where you can see craftsmen working on the wooden dhows. The next few days are at leisure to relax and enjoy the numerous options available to you: perhaps a tour around this historic island, an evening dhow sail, snorkelling with dolphins by boat, the opportunity to scuba dive, or simply unwind by the pool. The next few days are free to relax and explore this beautiful island. **3 nights - hotel with swimming pool (breakfast)**

#### Day 14 Depart Zanzibar for flight to London via Nairobi

This morning is at leisure and in the late afternoon, you'll be taken to Zanzibar Airport for the flight to Nairobi, connecting with your overnight return flight to London.

#### Day 15 Arrive London

*Please remember international flights and trip dates do occasionally change, so please always purchase flexible tickets. Each itinerary is planned many months in advance. Consequently there are factors over which we have no control and which could make changes necessary. We will always endeavour to keep you informed of any such changes in advance.*

*This itinerary includes our group flights from London. If you are making other flight arrangements, please refer to your Confirmation Invoice and Joining Instructions for details of the start or end of the trip. Please remember international flights and trip dates do occasionally change, so please always purchase flexible tickets.*

**Is this right for your family?** This trip is a great mixture of beach, wildlife, travelling deep into African countryside and experiencing island life on Zanzibar. You stay in comfortable guesthouses, hotels and luxurious fixed tents and stone cottages, all meals are included with the exception of Zanzibar where this is bed and breakfast. Travel is by safari minibus and there are a few days of long drives on dusty African roads. Also by light aircraft, and the TaZaRa train, which takes about 5 hours. Minimum age for children is seven. There must be at least one adult to accompany two children.

**Lone Parents** Single parents or other adults travelling alone with children should be aware that some countries, including the UK, require documentation confirming that the individual has authority to travel with the minor. It is crucial that you contact the relevant country embassy for further information on exactly what may be required. These details can be found on the Foreign & Commonwealth Website under the appropriate country [www.fco.gov.uk/travel](http://www.fco.gov.uk/travel)

**Climate** It's generally hot and dry from January to March, hot and wet from April to June (during the so-called "long rains"), warm and dry from July to October, and then warm and wet from November to December (during the "short rains". Temperature is related to altitude, the higher you are the cooler it gets.

Average monthly climate in Dar es Salaam

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
<b>Max °C</b>	31	31	31	30	29	29	28	28	28	29	30	31
<b>Min °C</b>	25	25	24	23	22	20	19	19	19	21	22	24
<b>Rainfall (mm)</b>	66	66	130	290	188	33	31	25	31	41	74	91



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**Accommodation** Saadani offers luxury fixed tents with en-suite facilities, large balconies and hammocks, and there's a restaurant bar on stilts overlooking the sea. The fixed tents have proper beds and en-suite bathroom. The tents generally sleep 2 persons, but an extra bed can be popped in. The accommodation in Selous is in well-appointed stylish stone cottages with loads of character and friendly service. All rooms are en-suite with a private veranda. There are two restaurants and a bar. The guesthouse bungalows at Mbuyuni Farm Retreat has four-poster beds, ceiling fans and en suite facilities. Two of the bungalows are for families for 4 – 5 persons. The unheated swimming pool at the guesthouse is generally for the private use of the owners, but generally permission is granted where residents may use the pool too. Hotels in Zanzibar are mid-range, with en-suite facilities, swimming pools and restaurants. All rooms are booked on a twin share basis. The mention of a swimming pool at a hotel should not be taken as a guarantee but rather an indication. You should also be aware that swimming pools at the hotels are often unheated and so can be cold in the winter months or even closed.

**Food and Drink** Meals are included as per the itinerary. You will all eat together and the food is excellent with lots of fresh fish, vegetables and fruit. Drinks are not included and are payable locally. Please remember to drink plenty of bottle water during your trip. The TaZaRa train has a refreshment trolley and a meal is about £2 – £3.

### Local Costs

A small bottle of mineral water (500ml)	£1.20
A large bottle of mineral water (1 litre)	£2.50
A can of coke (soft drinks)	£1.00
A carton or bottle of fruit juice	£3.00
A bottle of beer	£3.00
A light lunch time snack – sandwich for example	£5.00
A two course meal* - excluding drinks	£8.00
A three course meal* - excluding drinks	£15.00

\*Based on a mid-range tourist restaurant.

**Currency** The unit of currency is the Tanzanian Shilling (TZS or Tsh), although US dollars are widely accepted in hotels and tourist areas. At the time of writing UK £1 = 2197 Tsh and US\$1 = 1325 Tsh (Nov 2009). We recommend that you change money at the airport. Credit cards are accepted in large hotels and some souvenir shops, but may be subject to 6% commission.

### Optional Extras

Selous Game Reserve (only applicable on optional day 6)	
Full day game drive inc boat safari on Lake Tagalala	US\$90pp +US\$5 boating fee
Half day game driver	US\$40pp
Walking Safari - ages restrictions apply	US\$40pp
Compulsory Conservation Fee – on your optional day 6	US\$15pp per day
Selous Game Reserve Park Fees – on your optional day 6	US\$50pp per day

*These prices are a guideline and are subject to change*

**Tipping** A service charge is usually added to restaurant and hotel bills, but waiters in tourist hotels might expect another 10%, likewise taxi drivers. It should be remembered that over-generosity could lead to jealousy in poor countries. However, a modest tip may be offered for personal service. Please remember that all tips should be a way for individuals to thank staff for good service. We recommend £2-£3 per person per day to distribute amongst your tour leader, and local staff.

**Language** The official language in Tanzania is Swahili, although English is widely spoken.

### Glossary

Hello	Jambo	Yes	Ndiyo
Goodbye	Kwaheri	No	Hapana
So long	Tutaonana	How are you?	Habari gani?
Please	Tafadhali	Excuse me	Samahani
Thank you / very much	Asante / Sana	Good	Nzuri
You're welcome	Karibu	Bad	Mbaya
Nice to meet you	Nafurahi kukuona	No problem	Hakuna Matata



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**Time** Tanzania is GMT +3 hours

**Visa Requirements** UK citizens require a visa to enter Tanzania. This can be obtained beforehand from the Tanzanian Embassy and requires 2 passport size photographs, and takes 24 hours. Or you can wait until you arrive at the airport in Dar es Salaam. Either way it costs \$50 per person and you must have at least six months validity on your passport .

**Vaccinations and Malaria Prophylaxis** Please seek advice from your GP or local Travel Health Clinic before travelling to Tanzania for the latest advice and information. Recommended vaccinations are Yellow Fever, Typhoid, Hepatitis A, Tetanus, Polio and Diphtheria and Malaria Prophylaxis are required. You may also contact Nomad Travel Store and Clinic, we have negotiated a 10% discount for Families Worldwide passengers just quote the discount code FWW1000.

**Religion in Tanzania and Zanzibar** Christianity and Islam are the predominant religions of Tanzania. About 40-45% of the population practice Christianity, about 35-40% practice Islam. Islam is the major religion of the coastal areas, including Zanzibar. The rest of the population adhere to traditional beliefs, most of which centre around ancestor worship and nature-based animism. Tanzania's Asian religious minority includes Hindus, Sikhs, and Ismailis. Religion plays a large part in the daily life of Tanzanians. In Christian areas, families attend church together dressed in their Sunday best. Church services always involve singing and the hymns – often sung in complex harmonies – spill out to the streets outside. Easter and Christmas are major events in Tanzania, with services and celebrations often extending far into the day and night. The lunar month of Ramadan is an important time for Muslims around the country, who fast from food and drink from sunrise to sunset. After Ramadan comes the Eid, a time of feasting and festivity for the whole community.

**Ramadan 2010** 11<sup>th</sup> August – 8<sup>th</sup> September 2010 (dates not fixed but dependent on the lunar calendar): Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day in most countries. Please be aware of the local sensitivities during the day and bear in mind that the evening breaking of the fast is usually an exciting and celebratory period! (1<sup>st</sup> August to 29<sup>th</sup> August 2011)

**Security** Whilst the vast majority of travellers never experience anything untoward it is worth taking precautions particularly in urban areas. You should take sensible precautions in crowded areas such as street markets and airports, where pick-pocketing is common, and keep clear of any street disturbances. Don't wear jewellery, never leave your bags unattended, keep large amounts of money, cameras and cell phones out of sight when walking in town centres, and avoid walking in city centres after dark. Keep copies of important documents, including passports, in a separate place to the documents themselves, together with details of credit cards. Leave copies at home with a friend too. Safeguard valuables, important documents and cash and deposit them in hotel safes, where practicable.

**Packing List** Please refer to our separate "packing list"

**Luggage Limit** – Due to the light aircraft to Saadani, the luggage limit is 15kg per person

## Clothing & Equipment List for Tanzania – Hakuna Matata!

The following list of clothing and equipment is intended to be fairly comprehensive and experienced travellers may well take a good deal less luggage than we recommend. So please pack light!

Luggage Limit: There is a limit of **15kg** for the internal flight to Saadani.

CLOTHING	NUMBER PER PERSON	Check	EQUIPMENT	Check
<b>Walking Shoes</b>	1 pair (optional)		<b>Soft-sided bag</b> 50 – 80 litres	
<b>Trainers or Strong Sandals</b>	1 pair – all purpose wear		<b>Lightweight Daypack</b> – 25 litres	
<b>Socks</b>	4+		<b>Sunglasses</b>	
<b>Waterproof Jacket</b>	1 lightweight		<b>Personal First Aid Kit</b>	
<b>T-Shirts</b>	3+		<b>Insect Repellent</b>	
<b>Long Trousers or Skirt</b>	2+		<b>Sunscreen</b>	
<b>Short Trousers</b>	2		<b>Torch and Batteries</b>	
<b>Long Sleeve Shirt</b>	2+		<b>Camera, Memory Card &amp; accessories</b>	
<b>Track Suit Bottoms or Similar</b>	Optional		<b>Guide Book &amp; map</b>	
<b>Sunhat / Baseball cap</b>	Essential (styled to shade face, ears and neck)		<b>Binoculars</b> (essential for everyone in your family!)	
<b>Warm jacket</b>	1 recommended for early morning game drives		<b>Washing Kit</b> - wet wipes are refreshing and 'dry' anti-bacterial handwash is useful on long driving days.	
<b>Thin Fleece or Sweatshirt</b>	1		<b>Loo Kit</b> (in small bag) loo paper/tissues	
<b>Warm hat, scarf and gloves</b>	Woolly or fleece (in winter for early morning game drives)		<b>Moisturising Cream &amp; Lip salve</b> – not in hand luggage	
<b>Swim Wear</b>	1		<b>Towel or Sarong</b>	

ITEM	Check	ITEM	Check
<b>Passport / Visa</b>		<b>Universal travelling adapter</b>	
<b>Air Tickets</b>		<b>Small Calculator</b>	
<b>Cash / Credit Cards</b>		<b>Sweets and Snacks for the journey</b>	
<b>Insurance Documents</b>		<b>Reading Material</b>	
<b>Trip Information and Itinerary</b>		<b>Notebook/Diary/Pen</b>	
<b>Money Security Belt/Pouch</b>		<b>Small Sewing Kit &amp; Safety Pins</b>	

For details regarding **hand luggage restrictions** please visit [www.baa.com](http://www.baa.com)